

Internet Resources

<http://lawrencechildren.com/> - A website devoted to youth activities in Lawrence.

<http://www.lawrenceks.org/lprd/parks> – The City of Lawrence Parks and Recreation page. Trail maps and descriptions of local parks and rec. centers

<http://www.lawrenceks.org/lprd/classes> – Info about some classes and programs that kids can get involved in in Lawrence.

<http://www.lawrenceks.org/lprd/youthsports> – Youth sports in Lawrence.

<http://www.nhm.ku.edu/Hdocs/DayCamps.html> – Summer camps through the Natural History Museum at KU

http://www.enjoylawrence.com/Kids_Calendar.html – A general website about activities in Lawrence. Features a calendar of local events for kids and their families.

<http://www.lawrence.lib.ks.us/index.html> – The Public Library's homepage.

<http://www.lawrenceartscenter.com/> - The Lawrence Art Center's homepage



Things to Do in Lawrence for Kids and Young Adults



Fun activities you
might not know about

Any Season

~Go **swimming** at the Lawrence Indoor Aquatic Center (4706 Overland Drive, near Free State High School. Phone #: 832-SWIM)

~The Community Building (11th and Massachusetts) has a **full-size gym, a dance studio, and a fitness center.**

~On the east side, the East Lawrence Recreation Center (1245 E. 15th St.) has a **full-size gym, a game room, and workout equipment.**

~The Holcom Park Recreation Center (2700 W. 27th St.) also has a **full-size gym, a game room, and work out equipment.**

~Whether you like seeing **live animals and insects** or looking at the **bones of dinosaurs**, The Natural History Museum at the University of Kansas is a cool place to catch both.

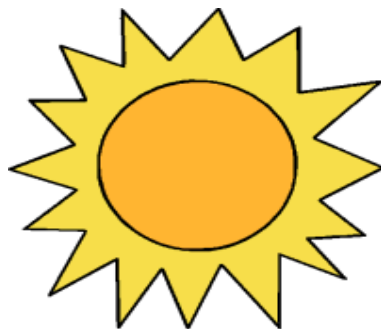
~Read a book! The Lawrence Public Library (707 Vermont.) has **books, magazines, computers with Internet, and events happening all the time.** Call (843-3833) for info about **special activities for younger kids and teens.**

~The Lawrence Arts Center has plenty of ways to express your creativity. Take classes on **sculpture, pottery, painting, and more**, or **learn about graphic design or screen printing.** The Arts Center also has lots of ways to get involved in **performing arts, including ballet, acting, and dance.** Go to their website (listed on back page) to find out more about their programs, classes, and camps.

When It's Warm!

~Go on a **bike ride**- There are plenty of **trails** in Lawrence. Try the riverfront trail or the Clinton Park trail (begins at the end of 19th St. behind Dillon's on 23rd). The woods near Burcham park (200 Indiana St., on the riverfront) also have some nice **mountain bike trails.**

~Take a **swim** at Clinton Lake.



~Girls who want to learn about **gardening**: The Ga-Du-Gi Safe Center is sponsoring a gardening group for girls and women 5 and up. They meet Sundays at the United Way building from 1 to 3 pm

~Go **swimming** at the Lawrence Outdoor Aquatic Center (727 Kentucky St. Phone #: 832-7990)

~Check out the Prairie Park Nature Center. Take a **hike on trails**, go **fishing**, or just go see the **local animals that have been rescued.** Just don't laugh at the raven 'cause it'll laugh back! (Phone #: 832-7980)

~Go **skating** at the skate park at Centennial Park (600 Rockledge, near 6th and Iowa) or the skate park at Deerfield Park (2901 Princeton Blvd.)

~Get a pick up **basketball** game going.

~Grab some friends for a **kickball** game. There are diamonds at Hobbs Park, Broken Arrow Park, and Clinton Lake, but any big open space will do fine.

~**Sand Volleyball** is always a blast. "Dad" Perry Park (15th and Monterey Way) and Holcom Park (2601 West 25th St.) both have courts.

~Go **fishing**. Kids under 16 don't need a license, but make sure you bring someone who knows what they're doing!

~Go **disc golfing** at Centennial or Riverfront Park.

When It's Cold!

~Take a **swim** at the Carl Know Natatorium (1901 Louisiana St., on the Lawrence High School campus. Phone #: 832-SWIM)

~**Sledding!** Lawrence has some great spots, try the hills on KU's campus.

~Build a **snow person!**

